

Teenage LIFE-SKILLS Series no.1

'I Choose to.. or Not'



Irish Educational Video/dvd

TEEN AGE RELATIONSHIPS

Irish Teenagers share their stories of hope and disappointment regarding their relationships and sexuality.

Presenters share some helpful insights on thinking ahead, estimating consequences and looking for a caring relationship rather than sex.

A mum and a dad share their story.

"I watched the video with my 14-year old and his friend. I could see them taking it all in. My wife works with teenagers, she wants a copy of both videos." Mick Lacey

Suitable in the Classroom or Youth Club and for individual viewing for **13-16 year olds.**

4 independant sections and a mini drama
Each leads up to a group discussion and/or interaction/self-assessment on the LIFESKILLS SERIES

website www.teenbond.com

**QUESTIONS FOR GROUP DISCUSSIONS AND
TEACHER'S/YOUTH LEADER'S PAMPHLET INCLUDED.**

Expectations start > 09:00 min

Teenagers share their experiences of the pressures to become sexually involved. Encouragement to be strong and say 'no'.

Internet Choices 09:00 > 12:00

Teenagers share their views regarding internet porn. Presenters highlight the consequences.

Drink Habits 12:00 > 19:00 min

Teenagers talk of how excess drink destroys relationships. Our ability to act with dignity and care is weakened through excess alcohol

Thinking Ahead 19:00 > 21:00

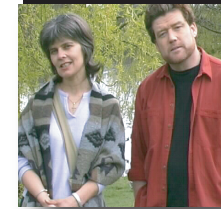
About a club for those who don't want drunken parties. Enjoying someone we like with care and wisdom for everyone's good.

A Chance for Change-Drama 21:30 > end

Ursula is 17 and pregnant. How will she cope?

The Presenters:

Michaela Avlund, Writer & Producer (NUI Cert. Psychology)
Harry Parkinson, Producer (Dip. Counselling, Psychology and Therapy)



introduce ideas to empower young people to establish healthy relationships and handle their sexuality with caution.

**A VIDEO CLIP CAN BE SEEN
at www.teenbond.com**

Available in

Veritas Bookshop, Middle Abbey St, Dublin 2

or **Directly from:**

S O L Productions, SoL Buildin
Quarantine Hill, Wicklow Town
Ireland

fax+35340467153 avlund@o2.ie

teleph+35340467270 mob+353861692506

Prices Incl. Vat and Postage

(and pamphlet with questions and notes)

IRELAND DVD €38 VIDEO €35

EUROPE DVD / VIDEO €40

US + ELSEW DVD/VIDEO \$55 or £30

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Produced in IRELAND